



Certified NLP Master Practitioner
Certified NLP Practitioner of Eriksonian Hypnotherapy
Certified NLP Practitioner of Energy ReSourcing
Certified Yoga Instructor and Yoga Therapy
Certified Instructor Yoga for Children and Special Needs
Member of the British Wheel of Yoga
Member of Wat Po Medicinal School, Thailand

Contact details:

Holistic Community Kenya – The Alternative Approach
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Biography: Fazilah Bazari

Having spent many years working in the corporate field and traveling and living in many countries, I have decided that working and connecting with people is my specialty. I currently live in Kenya and absolutely enjoying the African experience. Living and designing my life with passion and purpose has been a transformative experience. Hence, right now, I seem to be doing a lot of that, helping people live their life in alignment with their true inner passion that transform the mind, body and soul. Through Yoga and NLP, I am reaching out to a diverse community, from individuals, UN Agencies, NGO's, children and teenagers and anyone I am privileged to meet and learn from, to bring lasting transformations through the power of language, yoga, trance work and of story telling.

Speciality

- Personal Breakthrough Sessions (For Moms and Dads, Couples, Individuals from various backgrounds)
- NLP with children and teenagers
- Working with Breath for Life
- Specially tailored Meditative Yoga Program
- Chill-Me Pre Natal Yoga and Keep-Me-Toned Post Natal Yoga
- Healing Deep Relaxation to knock off Insomnia, the jumping monkey Mind, The stressed out body and mind -Using Yoga, Hypnosis and NLP techniques (All you need to do is relax, it's the other than the conscious that is doing the work)

How to embrace your world, your life, wherever they are, whichever model you are in, however you are processing it, make a time to see me, I will help you to live them with passion and

purpose, simplistically and joyfully. Call me for the transformation at +254736719925 or e mail fbazari@holisticcommunity.com