



Min is a well known Cape Town based public speaker, seminar leader and life coach. She has worked in the field of personal development for 20 years, specializing in communication and motivation. In 1994 she certified as a Trainer of NLP and in 1999 she founded Advanced Human Technologies, South Africa's premier NLP training institute.

In inveterate pursuer of knowledge constantly intrigued by “the difference that makes the difference” in life quality, every year Min selects and attends high calibre trainings in order to continue her own education and to have more to share with her clients and all those in South Africa who want to widen their skills base. She participated in and presented at the University of California, Santa Cruz, NLP Millenium Project - where two of the original developers of NLP (Robert Dilts and Judith de Lozier) brought together the world's top NLP trainers to explore and develop applications of NLP for the 21st century.

Min is cited in the Encyclopaedia of Systemic Neuro-Linguistic Programming and NLP New Coding, published by NLP University Press, 2000.

Min now divides her time between being lead trainer on NLP Certification trainings, working one-on-one with clients using a process called “Personal Breakthrough Sessions”, developing new material, and publishing CDs, videos and books relating to the fields of NLP and Coaching. She is the publisher and editor of the book “Sharing the Passion – Conversations with Coaches”, due for release in April 2006.

Min has a BA degree in English, Drama and Comparative Religion (UCT), a postgraduate Diploma for Educators of Adults (UCT), is a Master Practitioner and Certified Trainer of NLP and Ericksonian Hypnotherapy, a Master Practitioner of Time-Line Therapy™ and is the developer of Energy Re-Sourcing™.

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