

NLP is not a stand-alone therapy. However it is one of the most valuable add-on or plug-in systems you will encounter since it compliments just about any conventional or alternative therapeutic discipline. Using NLP will enable you to use your professional skills in a more focussed and systematic manner, to create the kind of rapport that enables others to quickly move to deeper core issues, and to **enhance your insight and empathy** so that you can relate more effectively with patients, clients, or students.