



**As long as I am able to listen to the song of nature, my life is in rhythm and balance ...  
curious?**

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## Specialities

### Intensive Sessions

- Would you like to reach emotional agility?
- Do you feel that in life there is more than just do something?
- Do you want to have the horses showing you the way to your authentic self?

Then it is time that you book an Intensive Session Interview, where we will understand if we can be at your side in this process of change.

If you want to:

- Gain emotional agility
- Understand how to set boundaries
- Identify what your authentic self wants
- Get clarity about how to be in relationship
- Understand your way of being a leader
- Learn different techniques which will help you to remain authentic to yourself and to others

Then an Intensive Session is what you are looking for!

How would life feel if you would be the one playing the music?

Change takes a second, happiness lasts a life long?

In the first session we will get to know each other and we will understand if we can work together.

In the following sessions we get to explore, through creative art, intuitive movement, and experiential work with the horses, your authentic self.

Horses have been for centuries at the side of humanity. Now their role is shifting. They no longer are work animals, but companions in change. The work can be very powerful. No horse experience is required.

To add yourself to the list [click here](#) .