



**“Beyond your dreams is possible... NOW.”**

**Sharon van Schalkwyk (BBusSc)**

Certified NLP Master Practitioner  
Certified Practitioner of Eriksonian Hypnotherapy  
Certified Practitioner of Energy Re-Sourcing™  
Certified NLP Coach  
Certified Executive Coach

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**Specialities**

- Executive Coaching
- Personal Development

## Biography

“I find myself in the field of coaching because of my absolute belief in the unlimited potential of people and that the key to unlocking that potential lies within each one personally. I aim to guide those who choose to find that inner key for themselves and to bring to continuous fulfillment their own dreams and potential ..... which has no end.”

“Each situation that may be causing distress or less than optimal behaviour/performance is a function of various internal and external dynamics very particular to the individual involved as well as the environment in which that individual is operating. Coaching allows the person to identify and understand these dynamics effectively from their own perspective. The person is then in a position of empowered choice.”

Sharon worked in the corporate financial sector for 18 years. The majority of this time was spent with Rand Merchant Bank in Johannesburg and Mettle in Cape Town, with a short stint with the then Boland Bank in between. Her experience includes various risk management functions in the areas of credit, asset and liability management, treasury, structured products and general business risk.

A self-awarded 3 month sabbatical to renew purpose evolved into a 2 year journey of continuous learning and discovery, the process itself culminating in a new career in personal development.

Sharon has a B Business Science (Business Finance major) degree from the University of Cape Town, is a certified Executive Coach (Tavistock, UK), a certified NLP Master Practitioner and a certified NLP Coach.

Other passions include food and wine (she holds a Diploma II in International Wine from the Cape Wine Academy and has an interest in The Observatory Cellars), golf (whenever and wherever possible, currently secretary of the Bellville Ladies division), music, photography, the live arts and wide open spaces.

To add yourself to the list [click here](#) .